



HELDERBERG COLLEGE
OF HIGHER EDUCATION

YOUR CHRISTIAN VARSITY OF EXCELLENCE

Newsletter April 2024



Consecration Service

The second assembly of the year is always a consecration service for staff and students at HCHE. It was done a bit differently this year as it was held at the Bell Tower. Each student and staff member was given a blue, white or gold balloon. The balloons signified the following:

The blue balloon: "Faith" - faith in God that he will provide.

The gold balloon: "Excellence" - striving for excellence in all we do.

The white balloon: "Character" - the adoption of a Christ-like character.

Pastor Benjamin McKenzie, the College Chaplain, delivered the message. After the consecration prayer, the bell was rung and the balloons were released as a symbol of our commitment as an institution to having faith in God, striving for excellence, and adopting a Christ-like character. Let go - and let God!



Peninsula Tour

At the beginning of every first semester, the Student Services Department organises a tour of the peninsula. This event took place on the 25th of February. The outing aims to show the beauty of the Cape to our new students who may have never been here before, as well as giving them an opportunity to get to know their classmates. It is not just limited to new students but is open for all students to attend.

Below are some photos of the excursion.



Week Of Spiritual Emphasis

The Week Of Spiritual Emphasis or WOSE, was held from 04 to 09 March. What is WOSE? At HCHE our philosophy of education is the harmonious development of the mind, body and soul. To nurture the soul, every semester, for the duration of the WOSE week morning and evening worship meetings are held. The week culminates with a special Sabbath divine service. Guest speakers are invited to come and share messages centred around a theme.

This semester the theme was "Satisfied with Jesus" presented by Pastor Aias A B Cabaça. This was a homecoming for Ps Cabaça as he spent a number of his early years living on campus and attending Helderberg Primary School while his father Abel Cabaça completed his Bachelor of Business Administration degree at the College.

Pastor Cabaça's messages were built on the premise that in life we search for fulfilment and tend to look for it in the wrong places, but once you accept Jesus and leave worldly pursuits you will find satisfaction and meaning in life.

Should you wish to listen to these insightful presentations, please visit the HCHE YouTube channel.

SATISFIED WITH JESUS

Week In Spiritual Emphasis

4 - 9 MARCH 2024
with Pastor Aias A. B. Cabaça

Sunday, 3 March, 7:30 AM
Prayer walk, starting at the bell tower
to the picnic spot

Friday, 8 March, 7:30 PM
Communion & Agape Feast in
Cafeteria

Saturday, 9 March, 8 PM
Indoor Olympiad, in Gym

10 AM
Anderson Hall

7 PM
Media Centre

Alumni Profile: Karryn Robinson

Karryn Robinson's journey to HCHE was a reluctant one to begin with. Initially she wanted to follow in the footsteps of her psychologist mother and doctor father, but with a little persuasion from her mother and aunt, decided to study psychology at HCHE.

During her course of study she noticed that the Psychology study programme content, as well as the other programmes offered at the institution, were taught through a Christian lens. This was a precious element in her education because the world works one way and we should behave differently. She recalls that at HCHE each lesson began with a word of prayer, which helped her focus and retain more of the lectures' information.

When it comes to the way HCHE lecturers teach, Karryn talked about Dr Conrad Zygmunt and his statistics class. Students who have to take this module often find it challenging, but Dr Zygmunt would use 'psychological conditioning' to get students to love it by making the login password to the work portal "I love stats". She also recalls how patient and understanding the lecturers were with students who were struggling to understand certain concepts. Karryn says that you could tell how much the lecturers genuinely cared for their students, and that the one thing that makes HCHE stand out is that it is "permeated with love". Lecturers are hard on students because they care deeply about their students.

One of Karryn's fondest memories is of graduation. Her mother cried for joy because at the age of 14, Karryn wanted to drop out of school, and here she had attained her first higher education qualification. After completing her BA Psychology degree at HCHE Karryn continued her academic career at the University of the Western Cape, first completing a BA Honours degree in Psychology, doing her internship at the Trauma Center for Victims of Violence and Torture, followed by a Masters in Development Studies. She then relocated to the United Kingdom where she works in the correctional services as a service manager in a womens' prison, assisting with the rehabilitation of the inmates.



She noticed that many of the women she counsels are in prison for minor offences such as theft for the purpose of supporting their drug habits, often because they are in abusive relationships or are being coerced into using and dealing drugs. Karryn shared that it is very challenging not being able to help these women directly, but because a philosophy of service is ingrained into students who go through the Seventh-day Adventist education system, it does not matter what she does as long as it is helping others. This is what makes her happy.

Coming back to what she thought was different about the way she was taught at HCHE, she said that it was very practical. By the time you enter the workplace, you have an idea of what to expect, and how you should react and behave. You have had time to practise. She recalls a lesson where the students needed to do a mock counselling session and the students were not marked on their execution of the assignment but rather their reactions during the session. The lecturer was looking for authenticity, empathy, understanding, and patience. These things are not taught in a textbook, and that is what made the difference. The lessons taught had immediate real-world applications.

Karryn said her experience at Helderberg College of Higher Education gave her skills and taught her lessons she would have not receive anywhere else. She was treated with love, compassion and understanding, and would recommend studying at HCHE to anyone. The advice Karryn would give prospective graduates and even first-year students is to trust in God. He may close some doors and open a window on the third floor, but he will give you the wings to fly. She said that it may look like where you are going is not what you wanted to do and you will fight against it, but if you trust in God you will end up where you need to be.

Staff Changes

We would like to welcome the following new staff to the HCHE family. We are blessed to have you with us:

Thandokazi Biyana-Moyo: Library Manager

Tandazwa Myeki: Human Resource Management Lecturer

Celeste Prinsloo: BEd Foundation Phase Lecturer



Thandokazi Biyana-Moyo



Tandazwa Myeki



Celeste Prinsloo

Congratulations

Caps off to two of our lecturers who have successfully achieved postgraduate degrees:



Celeste Prinsloo graduated with an Honours BEd in Foundation Phase Teaching, from the University of Stellenbosch.



Mieke Scarrott graduated with a Master of Fine Arts in Motion Picture Medium with Specialisation in Screenwriting (with distinction) from AFDA.